



## EMPOWER YOUR WORKPLACE WITH OUR PANEL OF MENOPAUSE EXPERTS

Introducing an innovative initiative to foster understanding of menopause in the workplace. Equip your team with essential knowledge and tools, creating a supportive and productive work environment. Take advantage of this unique opportunity to host our esteemed panel of experts in the fields of menopause and women's health.

### WHY MENOPAUSE MATTERS IN THE WORKPLACE

Let's unravel the mysteries and break down the stigma surrounding menopause, while exploring the advantages of embracing a menopause-friendly approach in the workplace.

- **Improved Understanding:** Demystify menopause with accurate, scientific information.
- **Supportive Environment:** Cultivate a workplace that supports women at all life stages.
- **Increased Productivity:** Open discussion of health issues can reduce absenteeism and boost productivity.

### OUR PANEL OF EXPERTS

We bring together experts in their fields, including but not limited to:

- **Doctors:** Specialists in women's health and hormonal changes
- **Mental Health Experts:** Focusing on the menopause transition
- **Authors:** Authorities in women's health and relationships
- **Coaches:** Advising practical solutions to menopause management

### OUR COMPREHENSIVE PANELS INCLUDE

- **Interactive Sessions:** Dynamic presentations with Q&A segments.
- **Customized Content:** Information tailored to your company's unique needs.
- **Resource Materials:** A variety of handouts and digital resources for ongoing education.

*"Our team gained invaluable insights for a more empathetic and informed workplace environment from the Menopause Education Center's panel." - Vanessa G.*

FIND OUT MORE AT:

[MENOPAUSEINTHEOFFICE.COM](https://menopauseintheoffice.com) / 888.724.1241