



RACHEL ANNE KEYNOTE SPEAKER

Rachel Anne is a distinguished entrepreneur and executive life coach, renowned for her dedication to empowering women navigating menopause. As the founder of the Menopause Education Center, she has become a pivotal figure in providing comprehensive education and support to women, their partners, and employers.

WHY MENOPAUSE MATTERS IN THE WORKPLACE

Let's unravel the mysteries and break down the stigma surrounding menopause, while exploring the advantages of embracing a menopause-friendly approach in the workplace.

- **Improved Understanding:** Demystify menopause with accurate, scientific information.
- **Supportive Environment:** Cultivate a workplace that supports women at all life stages.
- **Increased Productivity:** Open discussion of health issues can reduce absenteeism and boost productivity.

CHOOSE FROM A VARIETY OF TOPICS TO SUIT YOUR NEEDS

Talks are tailored to your needs and include topics such as:

- The Case for a Menopause-Friendly Workplace
- How to Support Co-Workers in Menopause
- How Women Can Support Themselves During Menopause
- More Than Just a Number: Personal Stories of Women in Menopause

“Rachel Anne is a true champion for women's health. She is a gifted speaker who has the ability to connect with her audience on a personal level. Her presentations are packed with information, but she also has a knack for making the topic of menopause approachable and relatable.” - Sarah J.

“Rachel Anne has a deep understanding of menopause and its impact on women's lives. I highly recommend Rachel Anne to anyone who is looking for a speaker who can make a real difference in the lives of women.” - Maris S.

FIND OUT MORE AT:

MENOPAUSEINTHEOFFICE.COM / 888.724.1241