

MENOPAUSE: A DEI IMPERATIVE FOR MODERN COMPANIES



The U.S. economy is losing \$26.6 billion a year due to lost productivity and health expenses resulting from employees who are managing menopause symptoms.*

Supporting menopausal employees is imperative for companies striving to foster diversity, equity, and inclusion. With 1 in 5 workers affected, addressing menopause strengthens efforts to retain and empower valuable female talent at all career stages.

WHY IS MENOPAUSE A DEI ISSUE?

Despite being a universal experience, menopause remains shrouded in stigma, leaving many women feeling isolated instead of supported. Our mission is partnering with DEI leaders like you to position your company as a pioneer in breaking the menopause taboo through empathetic leadership. Because achieving true diversity requires supporting women equally through every chapter of their careers.

MAKING CHANGE HAPPEN

Small steps can lead to great strides in supporting menopausal employees. Providing education to foster understanding, implementing flexible work options, making simple workspace adjustments, and encouraging open dialogue are proven ways to create a more inclusive environment

BENEFITS OF ADDRESSING MENOPAUSE

Addressing menopause boosts employee wellbeing, productivity, recruitment and retention of experienced talent, and an inclusive culture where all life stages are valued — ultimately fueling business success.

CULTIVATING INCLUSION

With over a decade of expertise empowering women, Rachel Anne launched the Menopause Education Center to eliminate stigma through inclusive cultures, enabling women to thrive holistically. Let's continue this conversation.

FIND OUT MORE AT:

[MENOPAUSEINTHEOFFICE.COM](https://menopauseintheoffice.com) / 888.724.1241

OUR WORKSHOPS SUPPORT:

- Meeting D&I goals by expanding support for an overlooked demographic
- Retaining and empowering valuable female talent
- Reducing menopause-related absenteeism and presenteeism
- Fostering greater inclusion through breaking taboos
- Enhancing the company's reputation for progressive policies
- Equipping managers and teams with education and tools