

LEADING WITH EMPATHY MANSPLAINING MENOPAUSE



In a world where gender dynamics are ever evolving, it's crucial for men to understand menopause. As leaders, colleagues, and partners of women, men play a pivotal role in fostering an inclusive and supportive environment. Understanding menopause is not just about medical facts; it's about empathy, effective communication, and leadership.

THE VALUE OF MENOPAUSE EDUCATION FOR MEN

- **Foster Empathy:** Develop a deeper understanding of what women experience during menopause.
- **Enhance Leadership:** Equip male leaders with the knowledge to support and empathize with their female colleagues.
- **Improve Relationships:** Better personal and professional relationships with women by understanding this significant life stage.
- **Better Communication:** Skills to discuss menopause-related topics sensitively and effectively.

"The knowledge and understanding I gained in 'Mansplaining Menopause' has improved my interactions with female colleagues and family members." - Michael S.

OUR TAILORED EDUCATIONAL PROGRAMS

- **Workshops:** Engaging and open discussions, breaking down barriers and myths about menopause. Facilitated by professionals with expertise in gender dynamics and menopause education.
- **Online Courses:** Specifically designed for the men's perspective. Knowledge and tools to provide support for menopausal women at work and at home.

"This program changed how I approach gender inclusivity at our workplace." - Jeff P.

FIND OUT MORE AT:

[MENOPAUSECLASSES.COM](https://menopauseclasses.com) / 888.724.1241

SPECIAL OFFER FOR MEN'S GROUPS

- **Group Discounts:** Reduced rates for group enrollments in the "Mansplaining Menopause" program.
- **Customized Sessions:** Tailor content to suite your specific organizational context.
- **Resource Access:** Additional materials and resources for ongoing learning and support.