

MENOPAUSE WELLNESS PROGRAMS FOR THE MODERN WORKPLACE



The U.S. economy suffers a staggering loss of **\$26.6 billion** annually due to decreased productivity and health expenses of menopausal employees. This figure not only underscores a significant economic challenge but also reflects the silent struggle of millions of women in the workplace.

With women aged 45 to 54 making up 20% of the female workforce and women of color disproportionately affected, the need for comprehensive menopause support in workplaces is more crucial than ever.

MENOPAUSE SUPPORT IS CRUCIAL FOR A HEALTHY, PRODUCTIVE WORKPLACE

Failing to address menopause in the workplace can have dire consequences. Continued loss of productivity and increased health expenses will persist, costing the U.S. economy billions annually. Moreover, ignoring the needs of menopausal women leads to a decrease in workforce morale, an increase in absenteeism, and a loss of experienced, skilled workers. The gap in support can widen gender disparities, impacting diversity and inclusivity efforts, and can leave a significant portion of the workforce feeling undervalued and misunderstood.

OUR STRATEGY FOR YOUR WORKPLACE

Menopause in the Modern Workplace, led by Rachel Anne, is dedicated to fostering an inclusive, supportive, and diverse workplace for all. We recognize the multifaceted nature of menopause and its impact not just on women but also on their partners, leaders, and colleagues.

To address the diverse needs of today's modern workplace, we created comprehensive Menopause Wellness Programs offering a range of customizable solutions:

- Best Practices Training for Managers & HR Professionals
- Support for Women Working During The Change
- Menopause Education for Men and Partners
- DEI-Aligned HR Policy Development
- Menopause-Friendly Certification as a DEI Milestone

FIND OUT MORE AT:

[MENOPAUSEINTHEOFFICE.COM](https://menopauseintheoffice.com) / 888.724.1241

DOCUMENT CENTER TOOLKIT (Included with All Programs)

- Policy Healthcheck Template: Assess and enhance your current policies.
- Collaborative Menopause Support Tools: Aid employees during menopause.
- Custom Policy Creation: Develop tailored menopause-friendly policies.
- Workplace Posters & Awareness Surveys: Increase menopause awareness.
- Comprehensive Training Materials: Includes pre-course prep, presentation slides, trainer notes, participant workbooks, and evaluation forms.